

KANAB HIGH SCHOOL CROSS COUNTRY 2025



SATURDAY - Aug. 23	UIAAA CC INVITATIONAL (Spanish Fork Sports Park - Spanish Fork, UT.)
THURSDAY - Sept. 4	JUAB INVITATIONAL (Canyon Hills Golf Course - Nephi, UT.)
WEDNESDAY-Sept. 10	ENTERPRISE INVITATIONAL (Enterprise High School - Enterprise, UT.)
SATURDAY - Sept. 13	BORDER WARS CC INV. (Valley Regional Park - Taylorsville, UT.)
SATURDAY - Sept. 27	CEDAR HIGH INVITATIONAL (Cedar High School - Cedar City, UT.)
WEDNESDAY - Oct. 1	BEAVER HIGH INVITATIONAL (Pioneer Park - Beaver, UT.)
WEDNESDAY - Oct. 8	REGION 18 CHAMPIONSHIPS (Thunderbird Golf Course - Mt. Carmel, UT.)
TUESDAY - Oct. 14	UHSAA DIVISIONALS (Lakeside Park - Orem, UT.)
TUESDAY - Oct. 28	UHSAA CHAMPIONSHIPS (Sugar House Park - SLC, UT.)

Don't let the bad days win.